



**INTERNATIONAL
UNIVERSITY
SPORTS
FEDERATION**

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MUAYTHAI HANDBOOK

Version 2020

FISU WORLD UNIVERSITY CHAMPIONSHIPS

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MUAYTHAI HANDBOOK

1. The History of Muaythai in FISU

Muaythai entered the programme of the FISU World University Championships officially in 2015. The first World University Muaythai Championship was successfully organised in Pattaya (THA) in 2018.

In 2020 Muaythai will be organised in Nur-Sultan (KAZ).

2. Statistics

EDITION	YEAR	COUNTRY	CITY	COUNTRIES	MEN	WOMEN	ATHLETES	OFFICIALS	TOTAL
1	2018	THA	Pattaya	23	73	25	98	55	153

3. Schedule

ARRIVALS	ARRIVALS	OPENING DAY 0	COMPETITION DAY 1 TO 6	COMPETITION DAY 7 & CLOSING CEREMONY	DEPARTURES
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4. Sport Regulations (technical regulations)

4.1 General Terms

The Muaythai competitions will be organised in accordance with the most recent technical regulations of the International Federation of Muaythai Associations (IFMA). In case of disagreement in the interpretation of these rules, the English text will be regarded as authoritative. The most current rules and regulations can be found at www.ifmamuythai.org/technical-reference/muaythai-rules/.

The programme and duration of the competitions are fixed by the FISU in agreement with the Organising Committee and the CTI. The competitions shall last seven (7) days and include the following events:

Men	Women
-51 kg	-51 kg
-54 kg	-54 kg
-57 kg	-57 kg
-60 kg	-60 kg
-63.5 kg	-63.5 kg
-67 kg	-67 kg
-71 kg	+67 kg
-75 kg	
-81 kg	
-86 kg	
-91 kg	
+91 kg	

The duration of each bout shall be three (3) rounds of three (3) minutes each for both male and female competitors. A full one (1) minute of rest shall be given between the rounds.

Each country is authorised to enter a maximum twenty-seven (27) participants: nineteen (19) athletes and eight (8) officials.

Each country is authorised to enter a maximum of one (1) athlete per weight category per gender.

At the first General Team Manager Meeting, the Head of Delegation or his/her representative shall confirm and sign the official list of competitors.

4.2 Pre-competition Procedure

Three (3) months before the Championship, the Organising Committee has the right to collect 25% of the total cost of stay per athlete and official from participating countries.

4.3 Technical Officials

Nomination and costs

All international referees and judges shall be appointed jointly by IFMA and FISU. Their cost of travel and per diem will be covered by IFMA while full board will be covered by the OC.

Participating countries can bring their own Team Technical Officials (TTO) whom must be approved by IFMA. Their travel expenses, accommodation and full board will be covered by their relevant National Muaythai Federation.

Remaining NTOs are appointed by IFMA and the Organising Committee will cover their travel expenses, accommodation and full board.

Numbers of Technical Officials needed

12 ITOs/NTOs per ring.

5. Services

The Organising Committee shall inform the participating countries through the bulletins and its website about the possible and potential services and their costs.

Wifi shall be available for all delegations for free. Costs for a laundry services will be provided as soon as possible to assist with budgeting.

Technical Officials

Technical Officials (TO) Services is complex and must not be underestimated. The Sport functional area must set up an efficient team early in advance.

In coordination with other relevant functional areas, the Technical Officials Services team is responsible for:

- NTOs recruitment in coordination with the Competition Manager and NSF;
- support services such as visa, invitation letters, flight tickets and accreditation;
- managing and delivering TO clothing / uniforms when requested;
- procuring suitable accommodation for the period required;
- providing daily catering and transportation;
- ensuring that all TOs are properly qualified (in close cooperation with FISU);
- hosting Technical Officials' meetings;
- per diem and allowance payment.

6. Competition Venue

The Organising Committee shall present during the inspection visit the layout of the competition venue(s). The complete layout must be sent to FISU WUC Department and FISU TCC for approval. This layout should include all competition and training areas as well as the different areas, accesses and services allocated for each client group taking part in the competition or involved in its delivery.

7. Equipment

All equipment has to be in conformity with IFMA regulations. The specific equipment needed is listed in the FISU Muaythai Venue Minimum Requirements.

According to the IFMA Rules & Regulations a contestant must wear the official IFMA 2020 WUC uniform shorts and tank top shirt in red or blue, according to his/her corner. The uniform must be purchased from IFMA at the Team Manager meeting. The Uniform is sold as a set for \$60USD consisting of 2 tops (red/blue), 1 pair of muaythai shorts and 1 pair of hand wraps. The contestant must wear a Mongkon (sacred headband) during the WaiKru before the fight. An amulet may be worn around the upper arm or wrist but must be neatly covered. The contestant must wear the standard head-guard, gloves, shin guard and elbow guard as provided by the Organising Committee. No others may be substituted. Contestants are required to wear their own groin-guard (male & female), breast protection (female only) & gum-shields. Toenails must be short. Beard must be clean shaven.

It is the responsibility of each delegation to contact IFMA for the size and quantity of sets needed for their athletes.

8. Training Session

The training sessions schedule should be drawn up by the FISU Technical Committee Chair together with the Organising Committee Competition Manager and provided to the participating teams as early as possible to make the planning as smooth as possible. Training must be provided from 2 days before the first day of competition until the final day.

9. Competition Programme

The competition programme shall be approved by the FISU Technical Committee Chair during the inspection visit and published on the website as soon as approved. It has to be in accordance with the tentative schedule.

10. Specific Medical and Doping Control Requirements

The venue medical plan shall be presented by the OC and approved by the FISU TCC during the inspection visit.

Doping Control

TESTING DAY(S)	NUMBER OF TESTS	ESA	GHRF
3	14	0	1

11. Sport Presentation

Sport presentation is the audio-visual presentation of a sport in each competition venue of a FISU World University Championship.

Sport presentation has become a vital instrument of major sport events and is key to delivering the Championships sports successfully. It aims to attract, educate, and entertain live audiences at the competition sites and elevates the sport experience for all client groups.

Sport presentation comprises elements such as video clips, sounds, announcements, Championship mascots, creation of fan teams, the involvement of cheerleaders and other innovative elements that increase the understanding of the sport and the attractiveness of the competitions.

It is complex and must be carefully planned to the second, as it can have a substantial impact on the operation of broadcasters and venue teams. Therefore, close collaboration and early communication with broadcasting, awarding ceremonies and the ICT is essential.

Sport presentation planning should ground on one common creative theme that fits with the specific the Championship concept. Nonetheless, as every sport has its own unique characteristics, it is important that each sport presentation is tailored to the particular sport while still embracing the main theme.

Due to its complexity, FISU suggests the OC to consult expert advice for assisting the OC in developing their sport presentation strategy in an early stage of the event lifecycle.

Considering the importance of sport for the sport presentation planning, the OC is recommended to place sport presentation under the responsibility of the sport manager of the Organising Committee.

12. Sport Timeline

DEADLINES	ACTIONS
Event -12 months	<ul style="list-style-type: none"> - Inspection Visit – Venue visit & equipment approval (FISU TCC) - Competition programme and venue medical plan approval (FISU TCC)
Event -6 months	<ul style="list-style-type: none"> - General entries (NUSFs)
Event -3 months	<ul style="list-style-type: none"> - Quantitative entries (NUSFs) - 25% payment from the participating countries (NUSFs – OC) - ITO list (FISU - IFMA) - IFMA Competition Uniforms (NUSF – IFMA)
Event -1 month	<ul style="list-style-type: none"> - Individual entries (NUSFs) - Event Handbook (OC - FISU TCC)
Event -1 day	<ul style="list-style-type: none"> - Accreditation & teams' confirmation (NUSFs) - Referee meeting (ITOs - NTOs - FISU TCC - OC) - General Technical Meeting (NUSFs - OC - FISU)
EVENT	
Event +1 month	<ul style="list-style-type: none"> - Final report to FISU

**“TODAY’S
STARS ★★★★★
TOMORROW’S
LEADERS”**